

To trace the location of an email sender in Gmail

1. **Log into your Gmail Account:**

- Open Gmail and sign in with your account credentials.

2. **Open the Email:**

- Locate the email you want to trace and open it.

3. **View Email Header:**

- Click on the three dots (located on the right-hand side corner) in the email interface.
- Select “Show original” from the dropdown menu.

4. **Find the IP Address:**

- Scroll down in the new window that opens.
- Look for the word “Received” in the header information.
- Next to “Received: From,” you’ll find the IP address of the sender.

5. **Use an IP Tracking Service:**

- Once you have the IP address, use an IP tracking service to find the sender’s location.
- Visit a website like IP-Tracker.org and input the IP address.
- Click on “Lookup IP Address” to get details such as the country, city, time zone, and internet service provider associated with that IP address.

Remember that this method provides an approximate location based on the IP address.

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